



NDoc[®] Reference for Palliative Performance Scale (PPS)

Summary: The Palliative Performance Scale (PPS) measures the functional status of the patient. The Victoria Hospice Society (2001) reports that PPS scores are determined by reading horizontally at each level to find the 'best fit' for the patient. Begin at the left column and read downwards until the appropriate ambulation level is reached, then read across to the next column and downwards again until the activity/evidence of disease is located. These steps are repeated until all five columns are covered before assigning the actual PPS percentage score for the patient. In this way, the 'leftward' columns (columns to the left of any specific column) are 'stronger' determinants and generally take precedence over others.

PPS Level	Ambulation	Activity and Evidence of Disease	Self-Care	Intake	Conscious Level
100%	Full	Normal Activity & work No Evidence of Disease	Full	Normal	Full
90%	Full	Normal Activity & work Some Evidence of Disease	Full	Normal	Full
80%	Full	Normal Activity with Effort Some Evidence of Disease	Full	Normal or Reduced	Full
70%	Reduced	Unable Normal Job / Work Significant Disease	Full	Normal or Reduced	Full
60%	Reduced	Unable Hobby/House Work Significant Disease	Occasional Assistance Necessary	Normal or Reduced	Full or Confusion
50%	Mainly Sit/Lie	Unable to Do Any Work Extensive Disease	Considerable Assistance Necessary	Normal or Reduced	Full or Confusion
40%	Mainly in Bed	Unable to Do Most Activity Extensive Disease	Mainly Assistance	Normal or Reduced	Full or Drowsy +/- Confusion
30%	Totally Bed Bound	Unable to Do Any Activity Extensive Disease	Total Care	Normal or Reduced	Full or Drowsy +/- Confusion
20%	Totally Bed Bound	Unable to Do Any Activity Extensive Disease	Total Care	Minimal to Sips	Full or Drowsy +/- Confusion
10%	Totally Bed Bound	Unable to Do Any Activity Extensive Disease	Total Care	Mouth Care Only	Drowsy or Coma +/- Confusion
0%	Death				

Palliative Performance Scale (PPSv2) [Electronic version]. Victoria Hospice Society (2001).

[http://www.npcrc.org/usr_doc/adhoc/functionalstatus/Palliative%20Performance%20Scale%20\(PPSv2\).pdf](http://www.npcrc.org/usr_doc/adhoc/functionalstatus/Palliative%20Performance%20Scale%20(PPSv2).pdf)

